

# GROUP TRAINING

Starting June 30th at West Linn High School:

Group training designed to teach QB's and Receivers detailed instruction on throwing and catching the football. There will be very personalized instruction for incoming 4th grade thru incoming 9th graders who are QB and Skill (receivers, running backs, & tight ends).

Personalized instruction from Chris Budke who is the Offensive Coordinator and QB coach & current and past players and coaches!

To sign up please contact Chris Budke either by phone (503)784-7736 or email at [chrisbudke@comcast.net](mailto:chrisbudke@comcast.net). You can fill out proper paper work day of session.

## Week 1

30-Jun Monday 9:30-11am  
1-Jul Tuesday 9:30-11am  
2-Jul Wednesday 9:30-11am  
3-Jul Thursday 9:30-11am

## Week 2

7-Jul Monday 9:30-11am  
8-Jul Tuesday 9:30-11am  
9-Jul Wednesday 9:30-11am  
10-Jul Thursday 9:30-11am  
11-Jul Friday 9:30-11am

## Week 3

14-Jul Monday 9:30-11am  
15-Jul Tuesday 9:30-11am  
16-Jul Wednesday 9:30-11am  
17-Jul Thursday 9:30-11am  
18-Jul Friday 9:30-11am

## Week 4

21-Jul Monday 1:30-3pm  
22-Jul Tuesday 1:30-3pm  
23-Jul Wednesday 1:30-3pm  
24-Jul Thursday 1:30-3pm  
25-Jul Friday 1:30-3pm  
26-Jul Saturday 9:30-11am  
27-Jul Sunday 9:30-11am

## Week 5

28-Jul Monday 9:30-11am  
29-Jul Tuesday 9:30-11am  
30-Jul Wednesday 9:30-11am  
31-Jul Thursday 9:30-11am  
1-Aug Friday 9:30-11am

## Week 6

4-Aug Monday 1:30-3pm  
5-Aug Tuesday 1:30-3pm  
6-Aug Wednesday 1:30-3pm  
7-Aug Thursday 1:30-3pm  
8-Aug Friday 1:30-3pm  
9-Aug Saturday 9:30-11am  
10-Aug Sunday 9:30-11am

## Week 7

11-Aug Monday 9:30-11am  
12-Aug Tuesday 9:30-11am  
13-Aug Wednesday 9:30-11am  
14-Aug Thursday 9:30-11am  
15-Aug Friday 9:30-11am

## Cost

10 sessions for \$ 175.00 (\$17.50 each)  
20 sessions for \$ 300.00 (\$15.00 each)  
Unlimited sessions \$ 425.00 (11.18 each)